



Fall-Winter
2010

PRESCHOOL POSSIBILITIES



Volunteer



Healthy Heart



For more information or a full list of programs, contact the City of Bloomington Parks and Recreation Department at (812) 349-3700 or visit us online at www.bloomington.in.gov/parks.

How to register: REGISTER ONLINE at www.bloomington.in.gov/parks or STOP BY the office at 401 N. Morton St., Suite 250 (in City Hall).

Inclusive Approach to Recreation: All City of Bloomington Parks and Recreation programs are inclusive to people with and without disabilities. Please contact our Inclusive Recreation Coordinator Amy Shrake, CTRS, for details: (812) 349-3747 or shrakea@bloomington.in.gov.

MONDAYS

Toy Time for Babies

Bring your baby and play! Meet other parents, play with a variety of toys, and enjoy our third floor Family Resource Center. Siblings up to age 5 yrs. are welcome.

Cost: FREE

Ages: Newborn–5 yrs. w/parent

Time: Mondays, 10 a.m.–Noon

Location: Banneker Community Center, 930 W. Seventh St.



Turf Time for Toddlers at the TLRC

When your toddler or preschooler hits our turf, they will be ready to run and play! Our indoor soccer field provides you and your young child with ample space to run, play on our obstacle course, and practice ball throwing and kicking skills. This free-time play is parent supervised while we provide all the equipment for an hour of healthy physical play! *This is a parent/guardian or caretaker supervised program. TLRC staff do not supervise this area during the program. Children cannot be dropped off without a parent/guardian or caretaker. For more information, contact Kirsten Prange at 349-3770.*

Day(s) **Date(s)** **Time**
Mon.,Wed. 9/13–12/22 9:30–10:30 a.m.

Cost: \$5/child/visit

Ages: 1–6 yrs. w/parent

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Soccer—Turf Tigers

Join Coach Chris for a terrific introduction to the world's most popular game! Classes feature age-appropriate activities and small-sided games to promote balance, coordination, creativity, and comfort with the ball. Shin guards required; either sneakers or cleats are appropriate. Pre-registration is required. Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

Session	Day(s)	Date(s)	Time	Register by
Fall	Mon.	10/4–11/8	5:15–6 p.m.	10/2
Fall II	Mon.	11/15–12/20	5:15–6 p.m.	11/13
Fall II	Fri.	11/5–12/17	5:15–6 p.m.	11/3

Cost: \$60 (6, 45-minute classes)

Ages: 4–5 yrs.

Location: Twin Lakes Recreation Center

Instructor: Chris Doran, U.S. Soccer “B” License



TUESDAYS

Toy Time for Toddlers

Bring your toddler and play! Walk, jump or hop into our spacious third floor Family Resource Center. Meet other parents and play with a wide variety of toys geared toward active toddlers. You will also find educational materials on the latest topics in child development. Younger siblings welcome!

Cost: FREE

Ages: 2–5 yrs. w/parent

Time: Tuesdays, Wednesdays, and Thursdays,
10 a.m.–Noon; Thursdays, 2–4 p.m.

Location: Banneker Community Center, 930 W. Seventh St.



Music Capers for Preschoolers

Research suggests that music helps prepare the mind for specific disciplines of learning, including math, science, and language. Music Capers combines early childhood educational philosophies with fundamentals of music education and preschool concepts. Using the power of music, tap into your preschooler's creative spirit and boundless energy. Focus on developing self-confidence so your preschooler will be ready for school and prepared for future music lessons.

Code **Day(s)** **Date(s)** **Time** **Register by**
67512-A Tue. 8/31–11/16 4:45–5:30 p.m. 8/31

Cost: \$90/in-city, \$100/non-city (12, 45-minute classes)

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Instructor: Lisa Bruns, Kindermusik Educator

Ages: 3–5 yrs. w/parent

Somewhere Over the Rainbow

Journey through a rainbow of imagination in this creative art class. We will explore each color of the rainbow through colorful crafts and artistic play. Wear play clothes and bring your imagination! Smocks are provided. Parents are invited to participate and must remain onsite.

Code **Day(s)** **Date(s)** **Time** **Register by**
67514-A Tue., Thur. 9/14–9/30 4:45–5:30 p.m. 9/10

Cost: \$35/in-city, \$40/non-city (6, 45-minute classes)

Ages: 3–4 yrs. w/parent

Location: Banneker Community Center, 930 W. Seventh St.



Alphabet Adventures

A, B, C, D, alphabet fun for you and me! Children practice recognizing and writing letters as they experience the alphabet through art, reading, snacks, crafts, and creative play. Parents have the option to participate, but must remain onsite.

Code **Day(s)** **Date(s)** **Time** **Register by**
67513-A Tue., Thur. 10/5–11/18* 4:45–5:30 p.m. 10/1

Cost: \$60/in-city, \$70/non-city (12, 45-minute classes)

Ages: 2½–4 yrs. w/parent

Location: Banneker Community Center, 930 W. Seventh St.

Other: *Class does not meet 10/28 and 11/11.



Soccer Sport Shorties

Sport Shorties athletes learn the basic skills of team soccer in a fun and safe recreational atmosphere. Parent volunteer coaches are welcome.

Code **Day(s)** **Date(s)** **Time** **Register by**
67505-A Tue. 10/19–11/16 10–11 a.m. 10/15

Cost: \$25/in-city, \$30/non-city (5, one-hour classes)

Price includes T-shirt.

Ages: 3–5 yrs. w/parent

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.



WEDNESDAYS

Leapin' Literature Story Hour

Literature comes alive on the second Wednesday of the month with a story, crafts and games. Each Story Hour has a theme and planned activities.

Dates: 9/8 Sports Sample
10/13 Autumn Winds
11/10 Thanks for Giving
12/8 Truck Jam

Cost: FREE

Ages: 2–5 yrs. w/parent

Time: Wednesdays, 10–11 a.m.

Location: Banneker Community Center, 930 W. Seventh St.



Basketball Future Stars

Designed to teach the fundamentals of the game of basketball. Gain a foundation for your future star in the basic skills of dribbling, shooting, passing, and just plain fun!

Code **Day(s)** **Date(s)** **Time** **Register by**
65016-A Wed. 11/10–12/22* 6–6:45 p.m. 11/5

Cost: \$50 (6, 45-minute classes)

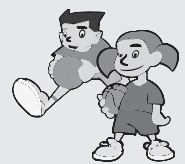
Price includes T-shirt.

Ages: 4–6 yrs.

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Instructors: TLRC basketball staff

Other: *Class does not meet 11/24.



ZumbAtomic®

Designed specifically for kids, ZumbAtomic® lets kids wiggle and bounce and provides them with exercise, games, and laughter.

Code **Day(s)** **Date(s)** **Time** **Register by**

65021-A Wed. 9/15–10/20 5:30–6 p.m. 9/14

65021-B Wed. 10/27–12/8* 5:30–6 p.m. 10/26

Cost: \$50 (6, 30-minute classes)

Ages: 4–7 yrs.

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Instructor: Kim Storvik

Other: *Class does not meet 11/24.

NEW!

THURSDAYS

Say It in Spanish

Each Thursday the Family Resource Center hosts this popular learning time for preschoolers. Join Nancy as she sings, reads, and plays with the little ones while immersing them in the Spanish language.

Cost: FREE

Ages: 1–5 yrs. w/parent

Time: Thursdays; First session runs from
10–10:30 a.m. and repeats from 11–11:30 a.m.

Location: Banneker Community Center, 930 W. Seventh St.



THURSDAYS (CONTINUED)

Kindermusik—Our Time for Toddlers

This class encourages your child to uncover an engaging musical world while building confidence, self-control and communication skills. Toddlers engage in singing, imitating sounds, rhyming, and object identification to foster language skills. Creative movement to various musical “moods” develops a sense of balance, timing, and spatial awareness. Specially designed instruments, exploration, movement, and storytime encourage emergent literacy and help make this class enjoyable for caregivers and children alike.

Code	Day(s)	Date(s)	Time	Register by
67511-A	Thur.	8/26–11/18*	10:30–11:15 a.m.	8/26
67511-B	Tue.	8/31–11/16	5:45–6:30 p.m.	8/31

Cost: \$100/in-city, \$110/non-city (12, 45-minute classes)
67511-C: \$60 Family materials

Instructor: Lisa Bruns, Kindermusik Educator

Ages: 1–3 yrs. w/parent

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Other: *Class does not meet 10/28.

Kindermusik®

Signing Babies

Sign a song of bears, balls, or bubbles! Watch—can your hands say “music” to the beat? Use the power of music and play to create unique opportunities to share ASL signing with your child. Signing with young, hearing babies and children enriches their interactions, relieves frustration, and gives you fascinating insights into your little one’s thoughts and preferences. Signing facilitates early speech, vocabulary, and memory development. Through songs, toys, and playtime, this class will teach more than 50 signs children can use to “talk” with parents. Class includes the book *Sign Language for Babies and Toddlers* by Christopher Brown and John Clements.

Code	Day(s)	Date(s)	Time	Register by
Beginners				
67510-A	Thur.	8/26–9/30	9:30–10:15 a.m.	8/26

Continuation after Beginners

67510-B	Thur.	10/7–11/18*	9:30–10:15 a.m.	10/7
---------	-------	-------------	-----------------	------

Cost: \$60/in-city, \$75/non-city (6, 45-minute classes)

Ages: 6–24 mos. w/parent

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Instructor: Lisa Bruns, Kindermusik Educator

Other: *Class does not meet 10/28.

Tiny Dancers

Dance! Dance! Dance! Children clap and tap in this creative movement class that teaches rhythm, self-expression and coordination! Child must be the age stated by the first day of class.

Code	Day(s)	Date(s)	Time	Register by
67508-A	Thur.	9/16–10/21	9:45–10:30 a.m.	9/13

Cost: \$40/in-city, \$50/non-city (6, 45-minute classes)

Ages: 2–5 yrs. w/parent

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Instructor: Meera Popkin-Tarack

Tumble Weeds

Leap and stretch, tumble and bend! Children in this class increase motor skills, balance and flexibility as they learn somersaults, walk the balance beam and more! Child must be the age stated by the first day of class.

Code	Day(s)	Date(s)	Time	Register by
67509-A	Thur.	9/16–10/21	10:45–11:30 a.m.	9/13
67509-B	Sat.	10/2–11/13*	11:30 a.m.–12:15 p.m.	9/29

Cost: \$40/in-city, \$50/non-city (6, 45-minute classes)

Ages: 2–4 yrs. w/parent

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Other: *Class does not meet 10/30.

Planes, Trains, and DADDYmobiles

Ready, set, go with a pile of wood scraps and creative energy! Dads, grandads, uncles, and men bring your sons and daughters for an evening of designing, hammering, and building! Materials are included.

Code	Day(s)	Date(s)	Time	Register by
67506-A	Thur.	10/14	6–7 p.m.	10/11
67506-B	Wed.	11/17	6–7 p.m.	11/15

Cost: \$5/child

Ages: 3–5 yrs. w/parent

Location: Banneker Community Center, 930 W. Seventh St.

FRIDAYS

Physical Fridays

Each Friday the gym at the Banneker Center comes alive with preschool play. Bring your energetic child and play mini basketball, hula hoop, ride the toy cars, jump, and run!

Cost: FREE

Ages: 1–5 yrs. w/parent

Time: Fridays, September 10–December 17,
10 a.m.–Noon

Location: Banneker Community Center, 930 W. Seventh St.

Banneker Buddies

Have a super fun day! In this “drop off” program, children will enjoy refreshments, crafts, lots of activities and free play. Our experienced staff will engage your children in fun activities while you enjoy some much-needed free time! Children should bring a sack lunch.

Code	Day(s)	Date(s)	Register by	Theme
67516-A	Fri.	9/17	9/10	Under the Sea
67516-B	Fri.	10/15	10/8	Jungle Exploration
67516-C	Fri.	11/19	11/12	Thanksgiving
67516-D	Fri.	12/17	12/10	Winter Wonderland

Cost: \$15/in-city, \$20/non-city

Ages: 3–5 yrs.

Time: 11:30 a.m.–1 p.m.

Location: Banneker Community Center, 930 W. Seventh St.

Soccer—Turf Tigers

See Mondays.

SATURDAYS

Sport Shorties Fall Ball

Sport Shorties athletes learn the basic skills of team sports in a fun and safe recreational atmosphere. Teams will be determined after the registration deadline. Parents will be notified of team placement and practice times by phone prior to the beginning of the season. Include special requests on registration form. Times TBD.



Code	Day(s)	Date(s)	Register by	Ages
57505-A	Sat.	9/11–10/16	9/3	3–4 yrs. w/parent
57505-B	Sat.	9/11–10/16	9/3	5–6 yrs. w/parent

Week 1: Soccer skill building

Week 2: Soccer games

Week 3: Tee ball skill building

Week 4: Tee ball games

Week 5: Basketball skill building

Week 6: Basketball games

Cost: \$45/in-city, \$55/non-city—Price includes T-shirt.

Location: Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.

Other: For program questions, call Karen Serfling at 349-3746. **Volunteer coaches needed:** If interested in coaching, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.

Coaches orientation session: Sept. 7 from 6–7 p.m. at the Twin Lakes Recreation Center.

Kindermusik®

Kindermusik Sampler

Saturday, August 14 • FREE
Twin Lakes Recreation Center,
1700 W. Bloomfield Rd.
10:30 a.m.–Noon • For all ages.

Get a taste of all our Kindermusik classes. Instructor Lisa Bruns gives an interactive demonstration of Our Time for Toddlers and Lisa’s specially created Music Capers for Preschoolers.

SPECIAL EVENTS

Preschool programs at the third floor Family Resource Center in Banneker Community Center, 930 W. Seventh St.

Parent workshops with free childcare

Bicycling with Babies and Toddlers: Tuesday, September 14, 6–7 p.m., presented by Bicycle Garage, Inc.

SLEEP!: Monday, October 11, 6–7 p.m., presented by Dr. Scot Moore, Southern Indiana Pediatrics

Cloth Diapering and Baby Slings: TBD

Family nights—Parents and children together

Edible Art: Monday, September 20, 6–7 p.m.

Baby Massage: Wednesday, October 6, 6–7 p.m., with Molly McDonald of *Body, Mind and Molly, LLC*

Sand & Water Table: Thursday, November 18, 6–7 p.m.



FRANK SOUTHERN ICE ARENA 
2100 S. Henderson St.
ICE INFORMATION HOTLINE: 349-3741

Rink Season: October 1–March 6

Public Skating Hours

Monday through Thursday: Noon–2:30 p.m.

Friday: Noon–2:30 p.m. and 7–9 p.m.

Saturday: 12:30–2 p.m.
7–9 p.m. (Lunar Skating)
9:15–11 p.m. (Night Owl)

Sunday: 3–5 p.m.

General Admission: \$5

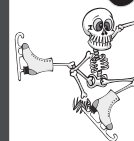
Skate Rental: \$2.50

Skate Sharpening: \$4 and \$5 (immediate service)

Economy Pass: \$45 (10 sessions, excludes skate rental)



Skate & Scare



Saturday, October 30 • 7–9 p.m.

\$5 per person • \$2.50 skate rental
For all ages.

SKATE WITH SANTA

Saturday, December 18
12:30–2 p.m.

For all ages. Admission: \$5
\$2.50 skate rental



TRICK OR TREAT TRAIL

Saturday,
October 23

1–4 p.m.

RCA Park, 1400 W. RCA Park Dr.

\$4/child • One adult admitted free

with paid child's admission.

\$2 each additional adult.

Geared toward children ages 4–8 yrs.

NEW LOCATION!

Candy Cane Hunt

Sunday, December 5

1:30–3 p.m. • \$3

Banneker Community Center,
930 W. Seventh St.



1:30 p.m.—Check-in

2:30 p.m. SHARP—Hunt

1:30–2:30 p.m.—Crafts and refreshments

For ages 3–9 yrs. w/parent.

Register by 12/3 at Noon.